

Lake Creek River Guides Indicative Menu

This is an indicative menu for raft trips. Almost any special dietary restrictions and preferences can be accommodated upon request. Some changes to the menu below may occur due to the availability of produce and other ingredients.

Day One

Dinner:

Appetisers: Buffalo mozzarella, tomato and basil antipasto

Main Course: Chicken and shrimp Alfredo served with pasta

Desert: Bananas flambé

Day Two

Breakfast: Bacon, eggs, toast and fresh fruit.

Lunch: Ham, turkey or roast beef sandwiches with potato chips, granola bars and fresh fruit.

Dinner:

Appetisers: Triple Cream Brie and green apple served on toasted French baguette garnished with pine nuts, rosemary and white truffle oil.

Main Course: Greek Grill consisting of lamb cutlets and king prawns, fresh cucumbers, tomato slices and feta cheese served in a lemon butter oregano sauce.

Desert: Pineapple upside down cake baked in a Dutch oven

Day Three

Breakfast: Smoked wild Alaskan salmon with cream cheese on bagels and fresh fruit.

Lunch: Chicken Caesar salad wraps

Dinner:

Appetisers: Crumbed fresh caught fish with home-made tartar sauce

Main Course: Beef tenderloin, potatoes au gratin and seasonal vegetables

Desert: Cinnamon Rolls baked in Dutch oven

Lake Creek River Guides Indicative Menu

Day Four

Breakfast: Eggs Benedict with hash browns and fresh fruit

Lunch: Cubans with soup

Dinner:

Appetisers: cheese platter with crackers, smoked oysters and crumbed fish

Main Course: baked fresh caught wild Salmon, Asian risotto and seasonal vegetables

Desert: Crepes with white chocolate cream cheese mousse and chocolate hazelnut sauce

Day Five

Breakfast: smoked salmon frittata, toast and bacon with fresh fruit

Lunch: Fresh salmon sashimi, sushi , various nori rolls and tempura prawns

Dinner:

Appetisers: Thai fish cakes with sweet chili sauce

Main Course: Lasagne baked in Dutch oven, salad and garlic bread

Desert: Pecan cheesecake

Day Six

Breakfast: scrambled eggs, French toast and breakfast sausage.

Lunch: Ham, turkey or roast beef sandwiches with potato chips, granola bars and fresh fruit.

Beverages on raft trips

Trips include a mini Keg of Alaskan Beer (5 Gallons) and 5 Litres of boxed wine, tea, coffee, and powdered tang and Gatorade. All drinking water supplied to guests is filtered prior to consumption. Additional beverage requirements can be catered for upon early request and providing there is sufficient space available on the rafts.

We are not able to supply hard liquor. Guests bringing their own hard liquor on the trip should use plastic bottles/nalgenes or metal hip flasks as glass and rafts don't play together well.

Gear Boat trips include an additional keg of beer, cans of soda, cans of beer and bottled wine